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Gold stocks in my portfolio were mainly down as a result of the 2% fall in price of the gold. I am not taking any action, as Charlie Munger once said, "*time in the market beats timing the market*".

In my experience that is mainly the case, over time the markets rise, and I have never been good at trying to time trades so sitting and holding is my preferred method of increasing my portfolio value.

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The price of **gold** fell in US dollar terms, but the UK pound price actually increased as a result of a fall in the value of the pound versus the dollar.

This highlights the store of value offered by gold to investors in a country such as the UK where the government is felt to be running the economy down, and in a way negative to growth and business entrepreneurship.

**Silver** and **palladium** took huge hits, dropping 9.95% and 12.16% respectively.

n general this was another week of precious metals volatility, despite the US and Israeli attacks on Iran continuing, and the price of **oil** rising fast.

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[Caprice Resources Defined a New Targets at Vadrians](#)

[Catalyst Metals Posted Strong Half Year Results](#)

[Ora Banda Mining Reported Record Half Year Results](#)

[Fuerte Metals Awarded a Contract for the Coffee Gold Project's Northern Access](#)

[Orla Mining Filed an Updated Technical Report for South Railroad](#)

[Market Review For February 2026 Published](#)

[Mining Review 1st March 2026](#)

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## Market Data

### Weekly Price Changes

(US\$ unless stated)

<b>Metal Prices</b>	<b>Price</b>	<b>Weekly % change</b>
Gold price in UK £	£3857	0.52%
Gold in AUD\$	A\$7357	-0.81%
Gold	5172	-2.01%
Silver	84.34	-9.95%
Palladium	1611	-12.16%
Platinum	2145	-8.06%
Rhodium	11600	3.34%
Copper	5.76	-3.68%
Nickel	7.93	-3.06%
Zinc	1.5	-2.60%
Tin	22.64	-0.75%
Cobalt	25.53	0.00%
Lithium	22107	3.22%
Uranium	86.15	-3.15%
Iron Ore	101	2.02%
Coking Coal	230	-6.50%
Thermal coal	136	16.24%

**[Click HERE for live Spot Metal Prices](#)**

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## **Disclosure**

**At the time of writing the author holds shares in some of the companies mentioned.**

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